

Evolution Bronze Award

Name

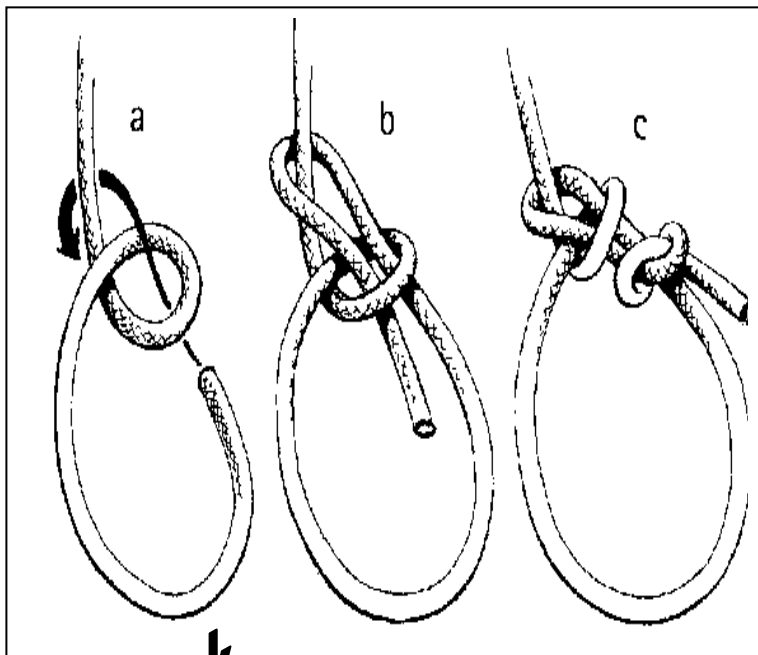
Age

Emergency Contact

Congratulations for gaining your Level 3 – You have now decided to improve your climbing by trying some roped climbing. The Bronze, Silver and gold awards will now take you through all you need to know to climb independently in the roped area at Evolution.

You will learn all about equipment, safety for yourself and others – and quite a bit about working as a team and trusting others.

Good Luck



Homework

Study knot tying – you will need to be able to tie the following competently.

- Bowline
- Figure Eight – On Bight
- Figure Eight – Rethreaded
- Clove Hitch
- Italian Hitch

BRONZE TEST

PART ONE

Correctly Fit:-

- Climbing Harness
- Climbing Helmet
- Tie a Bowline

Pass Instructor Initial

PART TWO

Climb three routes (AF). Routes must be climbed neatly and in control)

Belay three routes using a Yo Yo.

Pass Instructor Initial

PART THREE

Show you have attended at least 3 academy roped climbing sessions

Pass Instructor Initial