

Evolution Gold Award

Name

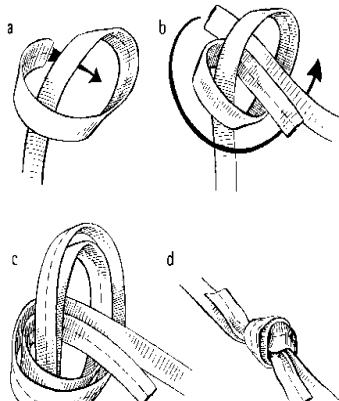
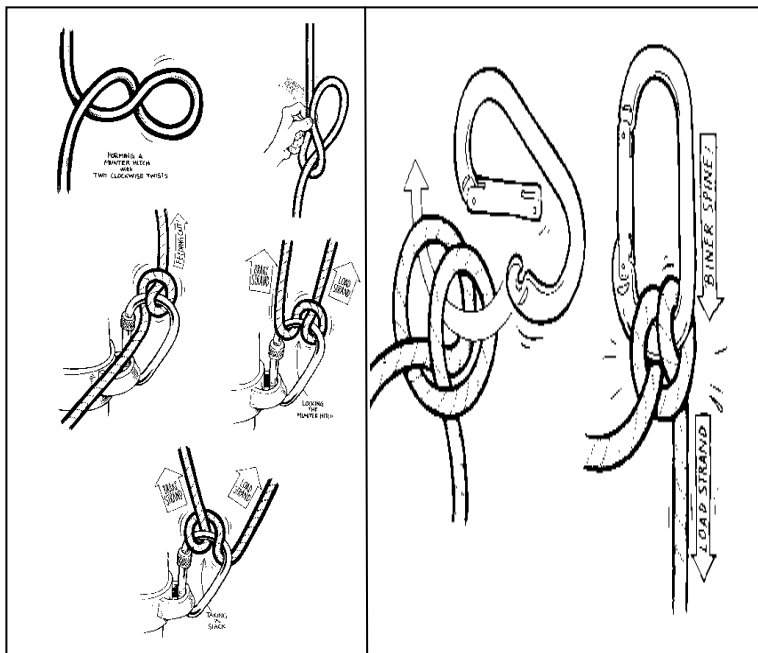
Age

Emergency Contact

Ok – Final step of the ladder. This award brings together everything you have learnt from the first time you came to the academy. Your indoor climbing should now be competent in all aspects.

To graduate you need to show that you are competent and responsible in all areas, if you pass this award you will then be able to use the roped climbing without parental or Instructor supervision if you are over 12 years old.

Best of luck.



GOLD TEST

PART ONE

Show that you can tie a

- Clove Hitch
- (Munter) Italian Hitch

Set up

- Retrievable abseil with a personal safety system
- System to ascend a rope
- Top rope belay system

Pass Instructor Initial

PART TWO

- Lead 3 routes (F4F)
- Abseil and retrieve rope
- Belay for Abseil & Lead climber
- Belay from stance and make second safe
- Ascend rope using prussic loops

Pass Instructor Initial

Date Passed / /

Instructor